

THE SOPHROLOGY ACADEMY - PARTNERSHIP OF THE CEAS PARIS

Bilingual Programme 2019-2020

Module	Teacher	Date	Nbr days	Subject	Nbr hours
1	Florence Parot	21/09/2019	1	Sophrology fundamentals - Dynamic Relaxation Level 1	8
1	Audrey Zannese	22/09/2019	1	Sophrology fundamentals - Dynamic Relaxation Level 1	8
2	Audrey Zannese	16/11/2019	1	Dynamic Relaxation Level 2	8
2	Audrey Zannese	17/11/2019	1	Dynamic Relaxation Level 2	8
3	Florence Parot	08/02/2020	1	Client relation - Group & 1 to 1 sessions	8
3	Florence Parot	09/02/2020	1	Client relation - intro to anamnesis & protocols	8
4	Audrey Zannese	18/04/2020	1	Dynamic Relaxation Level 3	8
4	Audrey Zannese	19/04/2020	1	Dynamic Relaxation Level 3	8
5	Liz Murphy	16/05/2020	1	Client relation - Anamnesis	8
5	Brigitte Rinner	17/05/2020	1	Updated Dynamic Relaxations 1 & 2	8
6	Liz Murphy	06/06/2020	1	Dynamic Relaxation Level 4	8
6	Team	07/06/2020	1	Dynamic Relaxation Level 4	8
7	Jury	27/06/2020	1	Exams	8
7	Jury	28/06/2020	1	Exams	8
			14		112

NB : Teachers may change as and if needed, names are an indication only