

THE SOPHROLOGY ACADEMY - PARTNERSHIP OF THE CEAS PARIS

Bilingual Programme 2020-2021

Module	Teacher	Date	Nbr days	Subject	Nbr hours
1	Liz Murphy	26/09/2020	1	Sophrology fundamentals - Dynamic Relaxation Level 1	8
1	Audrey Zannese	27/09/2020	1	Sophrology fundamentals - Dynamic Relaxation Level 1	8
2	Deborah Monje Jelfs	16/01/2021	1	Dynamic Relaxation Level 2	8
2	Deborah Monje Jelfs	17/01/2021	1	Dynamic Relaxation Level 2	8
3	Florence Parot	06/02/2021	1	Client relation - Groups & 1to1s	8
3	Florence Parot	07/02/2021	1	Intro to anamnesis & protocols	8
4	Brigitte Rinner	13/03/2021	1	Updated DR1	8
4	Brigitte Rinner	14/03/2021	1	Updated DR2	8
5	Audrey Zannese	17/04/2021	1	Dynamic Relaxation Level 3	8
5	Audrey Zannese	18/04/2021	1	Dynamic Relaxation Level 3	8
6	Liz Murphy	05/06/2021	1	Dynamic Relaxation Level 4	8
6	Florence Parot	06/06/2021	1	Dynamic Relaxation Level 4	8
7	Jury	03/07/2021	1	Exams	8
			13		104

NB : Teachers may change as and if needed, names are an indication only