

English Programme 2021 -2022 at the CEAS Paris

Module	Teacher	Date	Nbr days	Subject	Nbr hours
1	Maéva Béranger (+ Liz en intro en visio)	Jeudi 02/12/21	1	Sophrology fundamentals - Dynamic Relaxation Level 1	7
1	Christine Pignet	Vend 03/12/21	1	Dynamic Relaxation Level 2	7
2	Anne Poncelet	Jeudi 20/01/22	1	Updated DR1 and DR2	7
2	Isabelle Castellonet	Vend 21/01/22	1	Dynamic Relaxation Level 3	7
3	Eva-Julia Alvarez	Sam 26/02/22	1	Dynamic Relaxation Level 4	7
4	Nathalie Bergeron-Duval	Lundi 07/03/22	1	Updated DR3 and DR4	7
5	Liz Murphy	Lundi 21/03/22	1	Intro to anamnesis & protocols	7
6	Jury Liz Murphy - G	Lundi 11/04/22	1	Exams	7
	Coaching - Individual training		0,5		4
			8,5		60

NB :

Teachers may change as and if needed, names are an indication only.

Students will be awarded a bilingual sophrologist certificate from CEAS Paris - All teachers have been trained at the 1st english school : the Sophrology Academy.