

English Programme 2023 at the CEAS Paris V2

Module	Teacher	Date	Nbr days	Subject	Nbr hours
1	Maéva Béranger (Introduction with Liz Murphy and the CEAS)	Frid 17/02/2023	1	Sophrology fundamentals - Dynamic Relaxation Level 1	7
1	Christine Pignet	Sat 18/02/2023	1	Dynamic Relaxation Level 2	7
1	Anne Poncelet	Sun 19/02/2023	1	DR1- DR2 Revision and Training	7
2	Isabelle Castellonet	Mon 06/03/2023	1	Dynamic Relaxation Level 3	7
2	Eva-Julia Alvarez	Tues 07/03/2023	1	Dynamic Relaxation Level 4	7
2	Nathalie Bergeron-Duval	Wed 08/03/2023	1	DR3- DR4 Revision and Training	7
3	Liz Murphy	Tue 21/03/2023	1	Working with clients in English	7
4	Jury Liz Murphy - CEAS	Frid 14/04/2023	1	Exams	7
	Coaching - Individual training		0,5		4
			8,5		60

NB :

Teachers may change as and if needed, names are an indication only.

Students will be awarded a bilingual sophrologist certificate from CEAS Paris - All teachers have been trained at the 1st english school : the Sophrology Academy.